

CAGE WEIGHT COMPARISON**Weight (grams)**

1 Speedfil cage	108 g
2 aluminum cages	156 g
2 carbon fiber cages	64 g

Note: comparison is made on the ability to hold 40 fl oz of fluid.

HYDRATION SYSTEM WEIGHT COMPARISON**Weight (grams)****Frame mounted systems**

1 empty Speedfil (40 fl oz) + 1 cage (no hose/sleeve & bite valve)	298 g
2 empty standard water bottles (20 fl oz) + 2 aluminum cages	310 g
2 empty standard water bottles (20 fl oz) + 2 carbon fiber cages	214 g

Behind the saddle systems

2 empty standard water bottles (20 fl oz) + 2 aluminum cages	310 g
1 carbon fiber carrier	92 g
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total	402 g

2 empty standard water bottles (20 fl oz) + 2 carbon fiber cages	214 g
1 carbon fiber carrier	92 g
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total	306 g

Note: 1. comparison is made on the ability to hold 40 fl oz of fluid.

2. hose/sleeve and bite valve were not included in comparison (add 69 g)